An Explanation of Shattered Faith Resulting From Psychological Trauma

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Faith

Traumatic Event

Panic - questioning one's own behavior Fear - wondering what will happen Anger - adopting survival mode

rejection of guilt, fear, shame

Chaotic State
(Jaws of Evil)
intense negative emotions
alienation
survival techniques become symptoms of PTSD

Recovery Process (Trail of Tears)

Light Darkness

-- vacillation --

Well of Gratitude Well of Sadness

Finding Meaning and Purpose Reconnecting

Witnessing